

**\*CURRENT MANIC EPISODE\***

**MANIC EPISODE CRITERIA**

IF THOROUGH OVERVIEW OF PRESENT ILLNESS PROVIDES NO BASIS FOR SUSPECTING A CURRENT MANIC, MIXED, OR HYPOMANIC EPISODE, CHECK HERE \_\_\_\_ AND GO TO **\*PAST MANIC EPISODE,\*** A. 28.

A82

In the last month has there been a period of time when you were feeling so good, "high," excited, or hyper that other people thought you were not your normal self?

▶IF YES: What was it like? (Was that more than just feeling good?)

▶IF NO: In the last month, have you had a period of time when you were feeling irritable or angry most of the day, every day, for at least several days? (Was that different from the way you usually are?)

A. A distinct period [lasting at least 4 days] of abnormally and persistently elevated, expansive, or irritable mood,

? 1 2 3

A83

Check if:

\_\_\_ elevated, expansive mood  
\_\_\_ irritable mood

GO TO  
**\*PAST  
MANIC  
EPISODE\***  
A. 28

A84  
A85

What was it like?

How long did that last? (As long as 1 week?) (Did you have to go into a hospital?)

...lasting at least 1 week (or any duration if hospitalization is necessary).

? 1 2 3

A86

NOTE: IF ELEVATED MOOD LASTS LESS THAN 1 WEEK, CHECK WHETHER IRRITABLE MOOD LASTS AT LEAST 1 WEEK BEFORE SKIPPING TO A. 24.

GO TO  
**\*CURRENT  
HYPOMANIC  
EPISODE\***  
A. 24

During that time . . .

...did you do anything that could have potentially caused trouble for you or your family? (Buying things you didn't need?) (Anything sexual that was unusual for you?) (Reckless driving?)

(7) excessive involvement in pleasurable activities which have a high potential for painful consequences (e.g., engaging in unrestrained buying sprees, sexual indiscretions, or foolish business investments)

?    1    2    3

A95

AT LEAST THREE "B" SXS ARE CODED "3" (FOUR IF MOOD ONLY IRRITABLE)

1                      3

A96

GO TO  
\*PAST  
MANIC  
EPISODE,\*  
A.28

Note: DSM-IV criterion C (i.e., does not meet criteria for a Mixed Episode) has been omitted from the SCID.

IF NOT KNOWN: At that time did you have serious problems at home, or at work (school) because you were (SYMPTOMS) or did you have to go into a hospital?

D. The mood disturbance is sufficiently severe to cause marked impairment in occupational functioning or in usual social activities or relationships with others, or to necessitate hospitalization to prevent harm to self or others, or there are psychotic features.

?    1    2                      3

A97

GO TO  
\*CURRENT  
HYPOMANIC  
CRITERION C\*  
A. 25

DESCRIBE:

**\*CURRENT HYPOMANIC EPISODE\* HYPOMANIC EPISODE CRITERIA**

IF CRITERIA ARE MET FOR A CURRENT MANIC EPISODE, CHECK HERE \_\_\_ AND GO TO THE NEXT MODULE.

A107a

(When you were [HIGH/IRRITABLE/OWN WORDS], did it last for at least 4 days?)

A. A distinct period of persistently elevated, expansive or irritable mood, lasting throughout at least 4 days, that is clearly different from the usual nondepressed mood.

? 1 2 3

A108

GO TO \*PAST MANIC EPISODE\* A. 28

Check if:

- \_\_\_ elevated, expansive mood
- \_\_\_ irritable mood

A109

A110

Have you had more than one time like that in the past month? (Which one was the most extreme?)

FOCUS ON THE MOST EXTREME PERIOD IN THE PAST MONTH OF THE CURRENT EPISODE FOR THE FOLLOWING QUESTIONS.

B. During the period of mood disturbance, three (or more) of the following symptoms have persisted (four if the mood is only irritable) and have been present to a significant degree:

(During this time . . .)

...how did you feel about yourself?

(1) inflated self-esteem or grandiosity

? 1 2 3

A111

(More self-confident than usual?)  
(Any special powers or abilities?)

...did you need less sleep than usual? (How much sleep did you get?)

(2) decreased need for sleep (e.g., feels rested after only 3 hours of sleep)

? 1 2 3

A112

IF YES: Did you still feel rested?

...were you much more talkative than usual? (Did people have trouble stopping you or understanding you? Did people have trouble getting a word in edgewise?)

(3) more talkative than usual or pressure to keep talking

? 1 2 3

A113

...were your thoughts racing through you head? (What was that like?)

(4) flight of ideas or subjective experience that thoughts are racing

? 1 2 3

A114

...were you so easily distracted by things around you that you had trouble concentrating or staying on one track? (Give me an example of that.)

(5) distractibility (i.e., attention too easily drawn to unimportant or irrelevant external stimuli)

? 1 2 3

A115

.. how did you spend your time?  
(Work, friends, hobbies?) (Were you especially productive or busy during that time?)

(6) increase in goal-directed activity (either socially, at work or school, or sexually) or psychomotor agitation

? 1 2 3

A116

(Did you find yourself more enthusiastic at work or working harder at your job?)(Did you find yourself more engaged in school activities or studying harder?)

Check if:  
\_\_\_ increase in activity  
\_\_\_ psychomotor agitation A117

A117  
A118

(Were you more sociable during that time, such as calling on friends or going out with them more than you usually do or making a lot of new friends?)

(Did you find yourself thinking more about sex than you usually do or being more active sexually?)

IF NO INCREASED ACTIVITY:  
Were you physically restless?  
(How bad was it?)

.. did you do anything that could have potentially caused trouble for you or your family? (Buying things you didn't need?) (Anything sexual that was unusual for you?) (Reckless driving?)

(7) excessive involvement in pleasurable activities which have a high potential for painful consequences (e.g., engaging in unrestrained buying sprees, sexual indiscretions, or foolish business investments)

? 1 2 3

A119

AT LEAST THREE "B" SXS ARE CODED "3" (FOUR IF MOOD ONLY IRRITABLE).

1 3

A120

GO TO  
\*PAST  
MANIC  
EPISODE\*  
A. 28

**\*CURRENT HYPOMANIC CRITERION C\***

IF NOT KNOWN: Was this very different from the way you usually are (when you're not depressed?) (How were you different? At work? With friends?)

C. The episode is associated with an unequivocal change in functioning that is uncharacteristic of the person when not symptomatic.

? 1 2 3

A121

GO TO  
\*PAST  
MANIC  
EPISODE\*  
A. 28

**\*PAST MANIC EPISODE\***

**MANIC EPISODE CRITERIA**

NOTE: IF CURRENTLY ELEVATED OR IRRITABLE MOOD BUT FULL CRITERIA ARE NOT MET FOR A MANIC EPISODE, SUBSTITUTE THE PHRASE "Has there ever been another time . . ." IN EACH OF THE SCREENING QUESTIONS BELOW.

Have you ever had a period of time when you were feeling so good, "high," excited, or hyper that other people thought you were not your normal self?

IF YES: What was it like? (Was that more than just feeling good?)

IF NO: Have you ever had a period of time when you were feeling irritable or angry for most of the day, every day, for at least several days? (Was that different from the way you usually are?)

What was it like?

When was that?

How long did that last? (As long as 1 week?) (Did you need to go to the hospital?)

Have you had more than one time like that? (Which time was the most extreme?)

IF UNCLEAR: Have you had any times like that in the past year?

A. A distinct period [lasting at least 4 days] of abnormally and persistently elevated, expansive or irritable mood. . . ? 1 2 3

Check if:

- elevated, expansive mood
- irritable mood

GO TO \*DYS-THYMIC DISORDER\* A. 38

A126

A127  
A128

...lasting at least 1 week (or any duration if hospitalization is necessary). ? 1 2 3

NOTE: IF ELEVATED MOOD LASTS LESS THAN 1 WEEK, CHECK WHETHER IRRITABLE MOOD LASTS AT LEAST 1 WEEK BEFORE SKIPPING TO A. 33..

GO TO \*PAST HYPOMANIC EPISODE\* A. 33

A129

NOTE: IF THERE IS EVIDENCE FOR MORE THAN ONE PAST EPISODE, SELECT THE "WORST" ONE FOR YOUR INQUIRY ABOUT PAST MANIC EPISODE. IF THERE WAS AN EPISODE IN THE PAST YEAR, ASK ABOUT THAT EPISODE EVEN IF IT WAS NOT THE WORST.

During that time . . .

...did you do anything that could have potentially caused trouble for you or your family? (Buying things you didn't need?) (Anything sexual that was unusual for you?) (Reckless driving?)

(7) excessive involvement in pleasurable activities which have a high potential for painful consequences (e.g., engaging in unrestrained buying sprees, sexual indiscretions, or foolish business investments)

? 1 2 3

A138

AT LEAST THREE "B" SXS ARE CODED "3" (FOUR IF MOOD ONLY IRRITABLE).

1

3

A139

IF NOT ALREADY ASKED: Has there been any other time when you were (high/irritable/OWN WORDS) and had even more of the symptoms that I just asked you about?

IF YES: RETURN TO \*PAST MANIC EPISODE,\* A. 28, AND INQUIRE ABOUT WORST EPISODE.

IF NO: GO TO \*DYSTHYMIC DISORDER,\* A. 38.

NOTE: DSM-IV criterion C (i.e., does not meet criteria for a Mixed Episode) has been omitted from the SCID.

CONTINUE BELOW

IF NOT KNOWN: At that time, did you have serious problems at home or at work (school) because you were (SYMPTOMS) or did you have to go into a hospital?

D. The mood disturbance is sufficiently severe to cause marked impairment in occupational functioning or in usual social activities or relationships with others, or to necessitate hospitalization to prevent harm to self or others or there are psychotic features.

? 1 2 3

A140

IF NOT ALREADY ASKED: Has there been any other time when you were (high/irritable/OWN WORDS) and had (ACKNOWLEDGED MANIC SYMPTOMS) and you got into trouble with people or were hospitalized?

DESCRIBE:

IF YES: RECODE CRITERION D as "3"

IF NO: GO TO \*PAST HYPOMANIC CRITERION C,\* A. 35

CONTINUE ON NEXT PAGE

During that time...

...were you so easily distracted by things around you that you had trouble concentrating or staying on one track?

(5) distractibility (i.e., attention too easily drawn to unimportant or irrelevant external stimuli)

? 1 2 3

A152

.. how did you spend your time? (Work, friends, hobbies?) (Were you especially productive or busy during that time?)

(6) increase in goal-directed activity (either socially, at work or school, or sexually) or psychomotor agitation

? 1 2 3

A153

(Did you find yourself more enthusiastic at work or working harder at your job?)(Did you find yourself more engaged in school activities or studying harder?)

Check if:  
 increase in activity  
 psychomotor agitation

A153a

A153b

(Were you more sociable during that time, such as calling on friends or going out with them more than you usually do or making a lot of new friends?)

(Did you find yourself thinking more about sex than you usually do or being more active sexually?)

IF NO INCREASED ACTIVITY:  
 Were you physically restless?  
 (How bad was it?)

.. did you do anything that could have potentially caused trouble for you or your family? (Buying things you didn't need?) (Anything sexual that was unusual for you?) (Reckless driving?)

(7) excessive involvement in pleasurable activities which have a high potential for painful consequences (e.g., engaging in unrestrained buying sprees, sexual indiscretions, or foolish business investments)

? 1 2 3

A154

AT LEAST THREE "B" SXS ARE CODED "3" (FOUR IF MOOD ONLY IRRITABLE).

1 3

IF NOT ALREADY ASKED: Has there been any other time when you were (high/irritable/OWN WORDS) and had even more of the symptoms that I just asked you about?

NOTE: BECAUSE OF THE DIFFICULTY OF DISTINGUISHING NORMAL PERIODS OF GOOD MOOD FROM HYPOMANIA, REVIEW ALL ITEMS CODED "3" IN CRITERIA A AND B AND RECODE ANY EQUIVOCAL JUDGMENTS.

IF YES: RETURN TO \*PAST HYPOMANIC EPISODE, \* A. 33, AND INQUIRE ABOUT THAT EPISODE.  
 IF NO: GO TO \*DYSTHYMIC DISORDER, \* A. 38.

CONTINUE ON NEXT PAGE