**RAPID CYCLING**

IF UNKNOWN: How many times in the past year have you had periods of being (MANIC/HIGH/IRRITABLE/OWN WORDS) and periods of being (DEPRESSED/OWN WORDS)?

At least four episodes of a mood disturbance in the previous 12 months that meet criteria for a Depressive, Manic, Mixed, or Hypomanic Episode.

Note: Episodes are demarcated by either partial or full remission for at least 2 months or a switch to an episode of opposite polarity (e.g., Major Depressive Episode to Manic Episode).

**SEASONAL PATTERN**

IF THERE HAVE BEEN FEWER THAN TWO MAJOR DEPRESSIVE EPISODES, CHECK HERE ___ AND GO TO *BIPOLAR CHRONOLOGY,* D. 10.

IF UNKNOWN: Do the periods of [DEPRESSED MOOD] mostly seem to happen at the same time of the year, like fall or winter?

A. There has been a regular temporal relationship between the onset of the Major Depressive Episodes in Bipolar I or Bipolar II Disorder and a particular time of the year (e.g., regular appearance of the Major Depressive Episode in the fall or winter).

Note: Do not include cases in which there is an obvious effect of seasonal-related psychosocial stressors (e.g., regularly being unemployed every winter)

IF UNKNOWN: Do the periods of [DEPRESSED MOOD] get better around the same time of the year, like in the spring?

B. Full remissions (or a change from depression to mania or hypomania) also occur at a characteristic time of the year (e.g., depression disappears in the spring).

IF UNKNOWN: How many periods of [DEPRESSION] did you have during the past 2 years?

C. In the last 2 years, two Major Depressive Episodes have occurred that demonstrate the temporal relationship defined in criteria A and B, and no non-seasonal Major Depressive Episodes have occurred during that same period

IF UNKNOWN: About how many years can you recall having had periods of [DEPRESSION]?

D. Seasonal Major Depressive Episodes (as described above) substantially outnumber the non-seasonal Major Depressive Episodes that may have occurred over the individual’s lifetime.
*MAJOR DEPRESSIVE DISORDER*  
MAJOR DEPRESSIVE DISORDER CRITERIA

CODE BASED ON A28 (PAGE A. 5) AND A79 (PAGE A. 17)

At least one Major Depressive Episode that is not due to the direct physiological effects of a general medical condition or substance use.

At least one Major Depressive Episode that is not better accounted for by Schizoaffective Disorder and is not superimposed on Schizophrenia, Schizophreniform Disorder, Delusional Disorder, or Psychotic Disorder Not Otherwise Specified.

Has never had any Manic, Mixed, or unequivocal Hypomanic Episodes.

Indicate type:

1 - Single Episode

2 - Recurrent (i.e., to be considered separate episodes, there must be an interval of at least 2 months in which criteria are not met for a Major Depressive Episode).

?=inadequate information  1=absent or false  2=subthreshold  3=threshold or true
*BIPOLAR I OR BIPOLAR II DISORDER CHRONOLOGY*

IF UNCLEAR: During the past month, have you had (DEPRESSIVE OR MANIC SXS CODED “3”)? Has met symptomatic criteria for a Manic, Hypomanic, Mixed, or Major Depressive Episode in the past month.

Note: for Bipolar I current episode unspecified, duration criteria do not have to be met for current episode.

When did you last have (EITHER DEPRESSED MOOD, OR EUPHORIC OR IRRITABLE MOOD) (i.e., most recent episode)?

Number of months prior to interview when last had persistently depressed, or euphoric or irritable mood.

CLASSIFICATION OF CURRENT PARTIAL OR FULL REMISSION:

6 In Partial Remission: Symptoms of a Hypomanic, Manic, Mixed, or Major Depressive Episode are present but full criteria are not met, or there is a period without any significant symptoms of a Hypomanic, Manic, Mixed, or Major Depressive Episode lasting less than 2 months following the end of the episode.

7 In Full Remission: During the past 2 months no significant signs or symptoms of the disturbance.

IF UNKNOWN: How old were you when you first started having (SXS OF MAJOR DEPRESSIVE EPISODE) or (SXS OF MANIC EPISODE)?

Age at onset of first Manic, Mixed, Hypomanic, or Major Depressive Episode (CODE 99 IF UNKNOWN).
*MAJOR DEPRESSIVE DISORDER CHRONOLOGY*

NOTE: TO MAKE A DIAGNOSIS OF PREMENSTRUAL DYSPHORIC DISORDER, CODE “3” UNDER DEPRESSIVE DISORDER NOS, PAGE D. 9.

IF UNCLEAR: During the past month, have you had (DEPRESSIVE SXS CODED “3”)?

Has met threshold criteria for Major Depressive Episode at any time in the past month.

When did you last have (DEPRESSED MOOD) (i.e., most recent episode)?

Number of months prior to interview when last had persistently depressed mood.

CLASSIFICATION OF CURRENT PARTIAL OR FULL REMISSION:

6 **In Partial Remission:** Symptoms of a Major Depressive Episode are present but full criteria are not met, or there is a period without any significant symptoms of a Major Depressive Episode lasting less than 2 months following the end of the Major Depressive Episode. (If the Major Depressive Episode was superimposed on Dysthymic Disorder, the diagnosis of Dysthymic Disorder is given once the full criteria for a Major Depressive Episode are no longer met).

7 **In Full Remission:** During the past 2 months no significant signs or symptoms of the disturbance were present.

IF UNKNOWN: How old were you when you first started having (SXS OF MAJOR DEPRESSIVE EPISODE)?

Age at onset of first Major Depressive Episode (CODE 99 IF UNKNOWN).

?=inadequate information  
1=absent or false  
2=subthreshold  
3=threshold or true
*LONGITUDINAL COURSE SPECIFIERS*

IF THERE HAS BEEN ONLY ONE MOOD EPISODE (I.E., MAJOR DEPRESSIVE DISORDER, SINGLE EPISODE OR BIPOLAR I DISORDER, SINGLE MANIC OR MIXED EPISODE), CHECK HERE ___ AND GO TO “CONSIDER DEPRESSIVE NOS IF SKIPPED EARLIER,” BELOW.

For Recurrent Major Depressive Disorder or Bipolar I or II Disorder, circle either:

1. **With Full Interepisode Recovery:** if full remission is attained between the two most recent Mood Episodes.

2. **Without Full Interepisode Recovery:** if full remission is not attained between the two most recent Mood Episodes.

*CONSIDER DEPRESSIVE NOS IF SKIPPED EARLIER*

NOTE: IF DEPRESSIVE DISORDER NOS HAS BEEN SKIPPED PREVIOUSLY (BECAUSE OF A DIAGNOSIS OF BIPOLAR I, BIPOLAR II, OR MAJOR DEPRESSIVE DISORDER), AND AN EVALUATION OF PREMENSTRUAL DYSPHORIC DISORDER, MINOR DEPRESSIVE DISORDER, OR BRIEF RECURRENT DEPRESSIVE DISORDER IS NEEDED, CHECK HERE ___ AND RETURN TO D. 8.